

Melbourne Meditation Group (MMG) of Self-Realization Fellowship August 2026 Newsletter



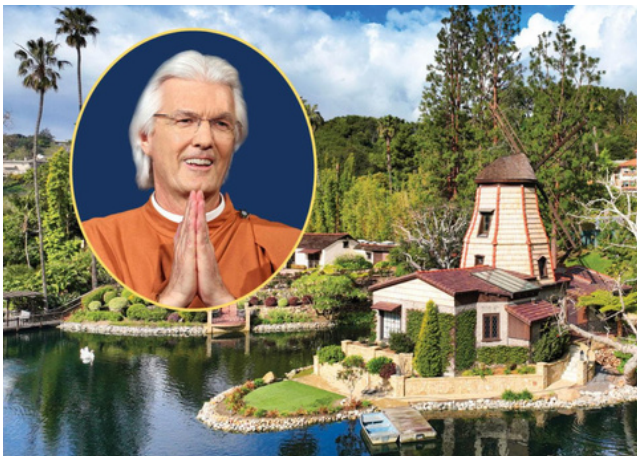
MMG Services Balwyn Evergreen Centre - August 2026

Services in August 2026 at Balwyn Evergreen Centre (BEC)			
Date	Day	Time	Service Type
2 nd Aug	Sunday	9 am to 12 noon	SRF Guided Meditation
6 th Aug	Thursday	7.30 pm to 9 pm	Meditation and Inspirational Reading
9 th Aug	Sunday	9 am to 12 noon	SRF Guided Meditation
13 th Aug	Thursday	7.30 pm to 9 pm	Meditation and Inspirational Reading
16 th Aug	Sunday	9 am to 12 noon	SRF Guided Meditation
20 th Aug	Thursday	7.30 pm to 9 pm	Meditation and Inspirational Reading
27 th Aug	Thursday	7.30 pm to 9 pm	Meditation and Inspirational Reading



This shrine has been created for all religions, that all may feel the unity of a common faith. That is why Self-Realization Fellowship calls itself the 'church of all religions.' It doesn't make any difference what outward creed you follow; the real question is, do you know God? Self-Realization teachings show how anyone of any faith can follow the spiritual highway to the Infinite and have God-communion.

-Paramahansa Yogananda, from his address at the dedication of the SRF Lake Shrine, August 20, 1950



Upcoming Special Online Services

On August 23, SRF/YSS President Brother Chidananda will lead a special event celebrating the 75th anniversary of Paramahansa Yogananda's dedicating the Self-Realization Fellowship Lake Shrine in Pacific Palisades, California, in 1950.

Sun Aug 23 2026, 3:00am - 4:00am

The recording will remain available on YouTube for viewing after the live event.

The special online events will be live-streamed. For more information and to get the link for these events, please click [here](#). For other regular online meditation services and scriptural reading services, please refer to [SRF Online Meditation calendar](#) and [YSS Online Dhyana Kendra calendar](#).

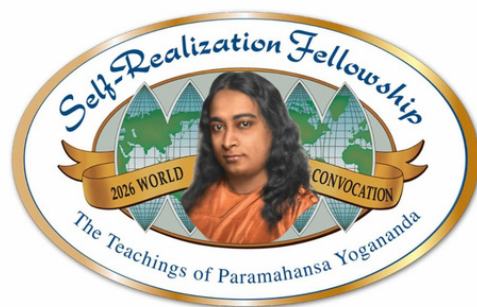
"The true state of the Self, the soul, is bliss, wisdom, love, peace. It is to be so happy that no matter what you are doing you enjoy it."
- Paramahansa Yogananda



SRF World Convocation 2026 - In-Person and Online

The Self-Realization Fellowship World Convocation 2026 was held online and at the **Westin Bonaventure Hotel** in **Los Angeles**, California, from **August 2- 8, 2026**.

The videos from Convocation are available in SRF Youtube channel.



Content from 2026 Convocation is available in SRF YouTube Channel & Convocation Event website. Click the images below to access the videos.



Videos from past Convocations are available in SRF Youtube Channel.

2025 SRF Convocation



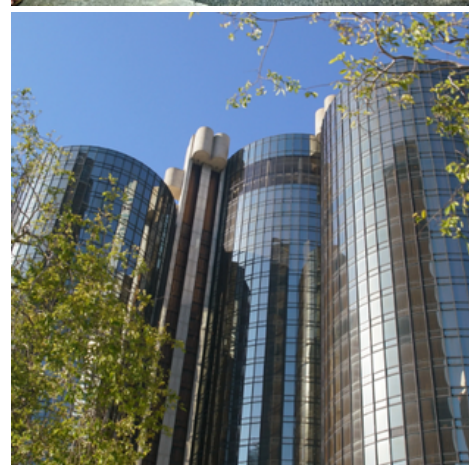
2024 Convocation



2023 Convocation



2022 Convocation



GGMC Winter Social:

Greater Geelong Meditation
Circle warmly invites you for
the Social!

Venue: **Geelong Botanic Gardens** – Sound Shell (area near the main toilet block)

Date: **Saturday, 29th August**

Time: 11am – 2 pm

Parking: For details check

Geelong Botanic Gardens - City of Greater Geelong

What to bring:

- A picnic lunch and any food or drink to share
- A chair/s
- Hot drinks and food are available at the Garden kiosk
- Please wear warm clothing and suitable water proof shoes if it has been raining.

Contact: **Allan Bradshaw** – Social Co-ordinator

Phone: **0439 361 411**

Email: allan_bradshaw@yahoo.com.au

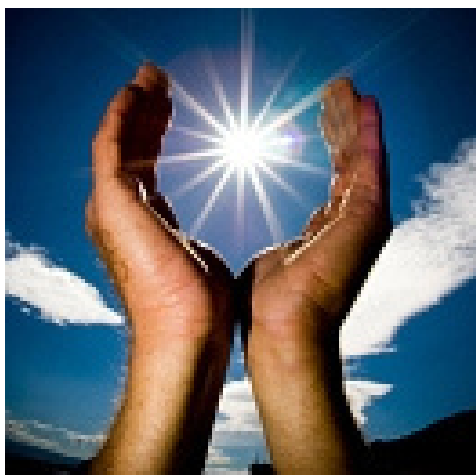
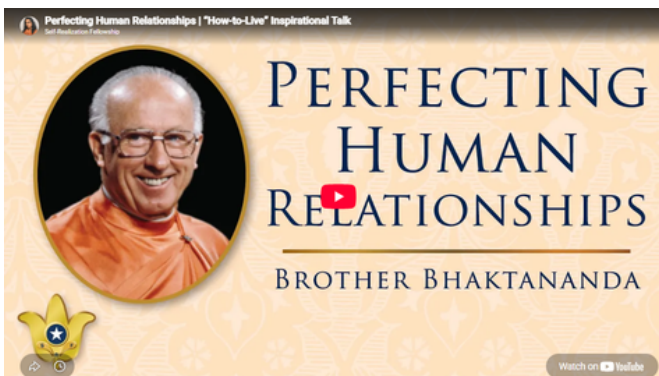
If the weather is unsuitable, we will be holding the GGMC Winter Social at Judith's Lyons home:

Contact: phone: **Judith Lyons 0431 031 913**



SRF/YSS Weekly Inspirational talks: Click the images below to play the video.

Click here to watch all past Inspirational Talks.



You may sign up for [SRF newsletter](#) for updates by clicking [here](#).

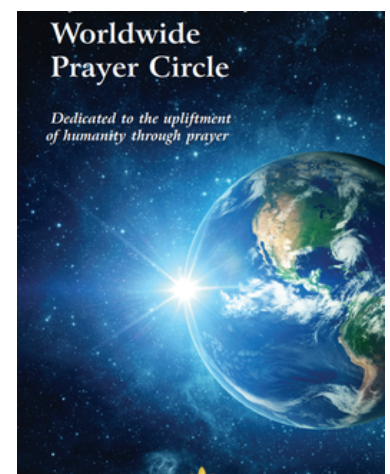
SRF official social media

[Self-Realization Fellowship – Official Facebook page](#)

[Self-Realization Fellowship – Official Instagram page](#)

[Self-Realization Fellowship – Official Twitter page](#)

[Self-Realization Fellowship – Official YouTube Channel](#)



Donations to support Melbourne Meditation Group of SRF

The offertory donations received at our regular meditation services enable us to meet the expenses of our services and to contribute to the worldwide needs of Paramahansaji's Self-Realization Fellowship work.

Donations are always voluntary and if given in a spirit of generosity and goodwill, carry a spiritual blessing.

Devotees who would like to make an on online offering, are welcome to transfer funds directly into the Melbourne Meditation Group of SRF bank account using the Westpac bank account details provided below:



MELBOURNE MEDITATION GROUP
BSB Number: 033-372
Account Number: 358389



Each time you donate feel free to say a prayer like the one used during the offertory held at our regular meditation services:

"Heavenly Father, bless this offering that it may serve to carry Thy message of Self-Realization to all truth-seeking souls."

In making a donation, you have an option to nominate the purpose for which you would like to contribute. Please use either of the below codes in the internet banking description field, to indicate your preference:

'GEN' (Group Essential Needs)

To meet the operating expenses of the group meditations - Meditation room hire expenses currently comprise >90% of our expenses.

'FMT' (Future Melbourne Temple)

For the acquisition of a permanent 'temple' for the MMG of SRF - in the future. Refer to this [link](#) for the MMG of SRF Temple Plan.

Note - donations may also be made directly to SRF Headquarters to support the worldwide work of Self-Realization Fellowship. Click [here](#) to visit [SRF official page](#) to [donate](#).

"In helping others to succeed I shall find my own prosperity. In the welfare of others I shall find my own well-being."



Click to connect
with us on
Facebook

Melbourne Meditation Group Prayer Circle

The **Melbourne Meditation Group Prayer Circle** members practice Paramahansa Yogananda's healing technique for those on the MMG prayer list.

The healing technique takes a minute, following your daily meditation. Those who wish to join the MMG Prayer Circle can send their names to Martin Elliott at m_r_elliott@hotmail.com.

All are welcome to send the names of those in need to be included in the MMG prayer list to the same email address. The names on the MMG prayer list are also included in the SRF Worldwide Prayer Circle list, for prayers by SRF/YSS monastics. All names on the list will be deleted yearly at the start of June, members can submit names then or at any time during the year.

***"Make your prayers demandingly,
lovingly, unceasingly."***



***"The more deeply you pray, the
more you will feel God's presence."***